

## Draft Schedule

Frances Moore Lappé

# The Myth of Choice & the Taste of Democracy: Building a Local Food Economy

### Friday, November 20, 2009

5:00 pm: Screening of *Food Inc.* [www.foodincmovie.com](http://www.foodincmovie.com)  
Soups and Bread from local food producers and restaurants (\$5.00)

7:00 pm: Opening Welcome/Celebration

7:15 pm – 8:15 pm: Keynote by **Frances Moore Lappé**, followed by Q & A  
“**Living Democracy: food, environment, health**”

8:30 – 9:00 pm: Participant Table Discussions on  
“**Thin Democracy & Living Democracy**”

### Saturday, November 21, 2009

9:00 am: Opening and Music

9:15 am – 10:00 am: Keynote by **Frances Moore Lappé**, followed by Q & A  
“**Spiral of Powerlessness and Spiral of Empowerment**”

10:00 am – 10:30 am: Table Talk application of spirals to local context

10:30 – 11:00 am: Break

11:00 – 12:00 pm: **Panel I: Local Food System Advocates and Change Agents**

12:00 – 1:00 pm: Lunch (from local food producers and restaurants)  
and Education Center time

1:00 – 2:00 pm: **Panel II: Local Food System Advocates and Change Agents**

2:00 – 2:15 pm: Break

2:15 – 3:30 pm: **Learning Circles and Education Center time**

(Learning Circles will include small group learning opportunities with local food, environment, and health advocates and systems change organizations, as well as short film screenings on local food, environment and health)

3:30 – 4:00 pm: Wrap up and Closing